



BIODANZA SRT SCHOOL MONTREAL AND SOUTHWEST QUEBEC
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Director: Maira Martinez

Here is the school's calendar and program

(The modules offered on each date are subject to change)

2026

September 11, 12, 13: Module 1. Definition and theoretical model of Biodanza

October 2, 3, 4: Module 2. The vital unconscious and the biocentric principle

October 30, 31, November 1: Module 3. The vivencia

December 4, 5, 6: Module 4. The biological aspects of Biodanza

2027

March 5, 6, 7: Module 5. Physiological aspects of Biodanza

April 2, 3, 4: Module 6. Psychological aspects of Biodanza

May 7, 8, 9: Module 7. The mythical and philosophical origins of Biodanza

June 4, 5, 6: Module 8. Identity and integration

June 30, July 1, 2, 3, 4: Module 9. Trance and regression & Module 10 Contact and caress

September 10, 11, 12: Module 11. Human movement

October 1, 2, 3: Module 12. Vitality

November 5, 6, 7: Module 14. Creativity

December 3, 4, 5: Module 15. Affectivity

2028

March 3, 4, 5: Module 13. Sexuality

March 31, April 1, 2: Module 16. Transcendence

May 4, 5, 6, 7: Minotaur Project

June 2, 3, 4: Module 18. Social action and Module 19. Applications and extensions of Biodanza

June 29, 30, July 1, 2, 3: Module 17. Mechanisms of action in Biodanza & Module 20. Biodanza – The Great Art (Ars magna)

September 15, 16, 17: Module 21. Music in Biodanza

October 6, 7, 8: Module 23. Methodology II (The Biodanza session)

November 3, 4, 5: Module 22. Methodology I (Musical Semantics)

December 1, 2, 3: Module 24. Methodology III (The Biodanza session – continued)

2028

February 2, 3, 4: Module 25. Methodology IV (Weekly classes and Biodanza workshops)

March 2, 3, 4: Module 26. Methodology V (The Biodanza Group)

March 29, 30, 31, April 1: Minotaure II Project

May 4, 5, 6: Module 27. Methodology VI (Criteria for evaluating development in Biodanza)

June 1, 2, 3: Module 28. Methodology VII (Sequential dances and generative postures)

June 29, 30, July 1: 1st theoretical in-depth seminar

To be determined: 2nd theoretical in-depth seminar